

Guest Editor's Note: Veronica A* Amon

Maybe the moon is charities the sun, seeking its embrace.

Maybe the room is demanding to be felt...

Maybe the moon is charities the sun, seeking its embrace...

moon, when the sun, the moon, and earth are in alignment, with the earth sitting in-between. This is called syzygy. If perfectly aligned, with the sun entirely blocked, the refracted light from earth's atmosphere can make the moon appear red. This is a total lunar eclipse, sometimes called a blood moon.

The Tlingit tribes are said to have viewed lunar eclipses as the sun and moon meeting intimately and giving birth to stars and planets, with darkness revealing the beauty of their children. The Batammaliba people believed lunar eclipses occurred when the moon and sun were in conflict, so the people would initiate communal peace and forgiveness to encourage the moon and sun to reconcile.

Lunar eclipses remind us of the ways *darkness* can be intimate yet frightening; *Darkness* reveals as well as holds, it hides as well as silences, but *darkness* in all of its forms is not purely the absence of light, it is a profound and complex space where things go to transform.



Displacement, inequality and co-option have historically created cracks in indigenous foundations of care that have raised entire communities, and through practices, much like those in this issue, we continue to discover where our elders and those before them, left ingots of guidance behind.



Sn this issue I have invited time travellers, artists, healers and teachers to explore how darkness, like that of an eclipse, can bring about new modes of support while exploring what ecosystems of care currently exist among us. We pay tribute to the tools and traditions that came before us, and look towards what they may become.

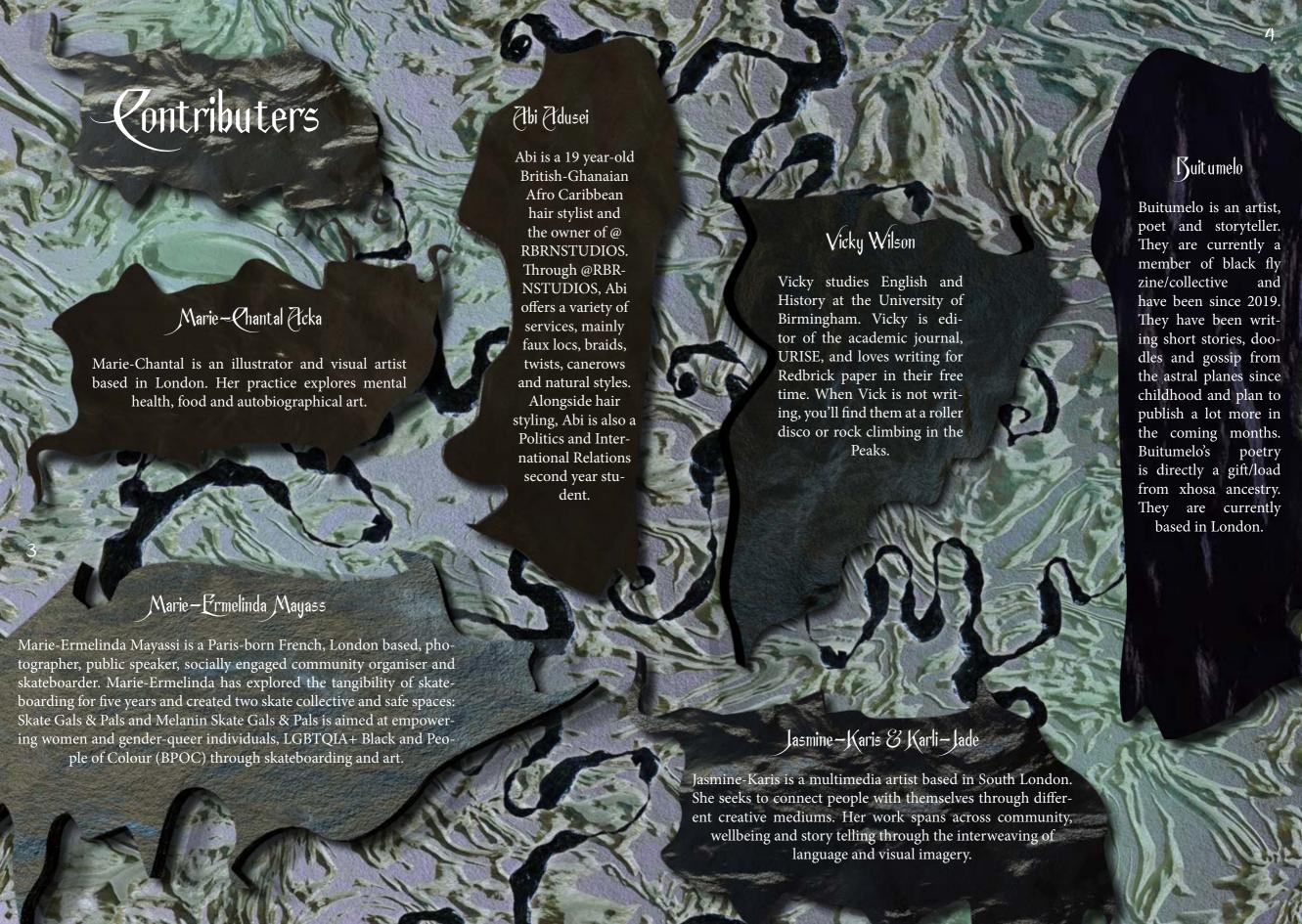
These potworks, no matter how tender, will always exist, especially in

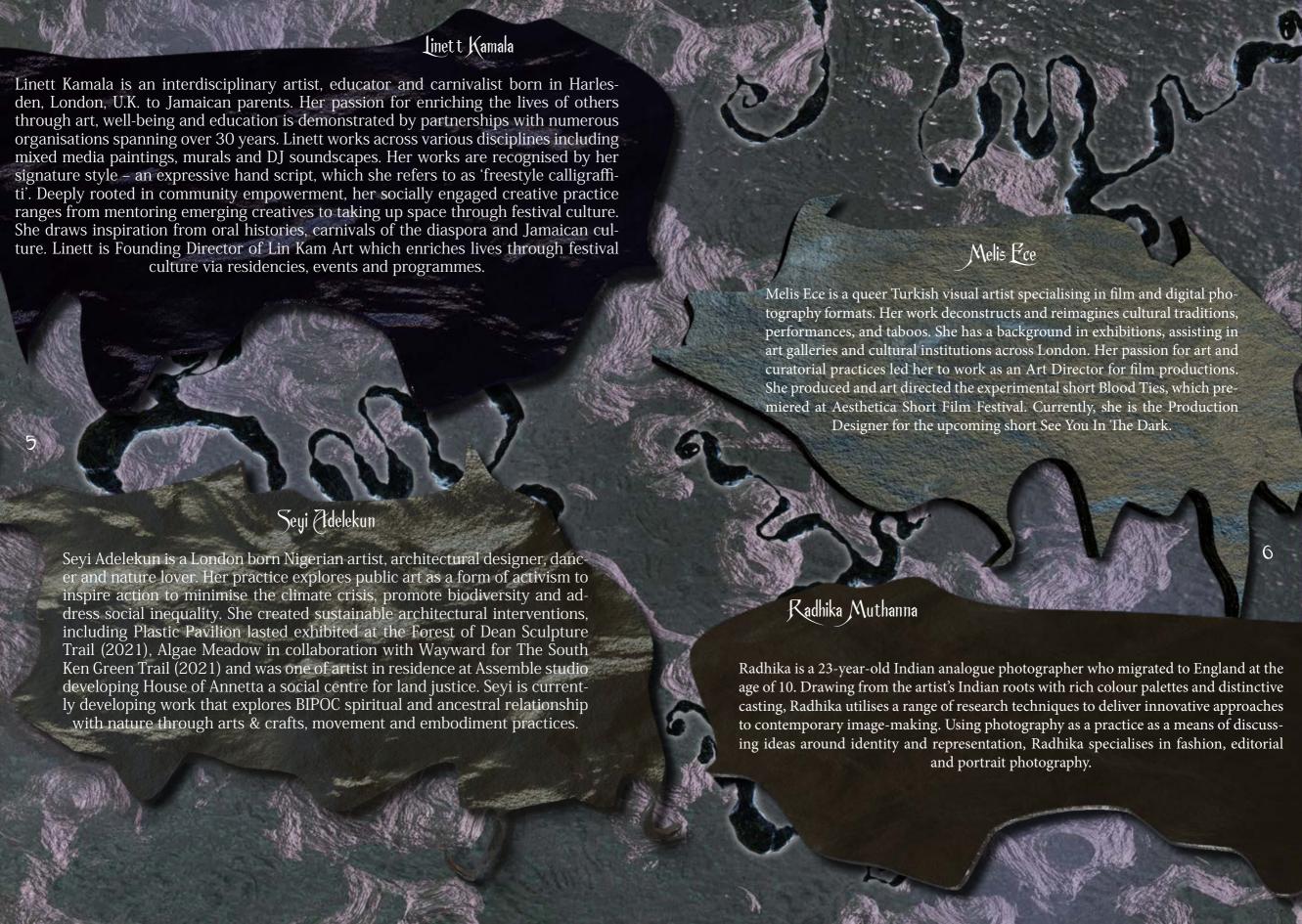
These networks, no matter how tender, will always exist, especially in moments when "formal" systems fail us.

"I've been held by dark skin, bright smiles and roaring laughs. The moon can be sweet too."



Thinking of Notting Dale. Thinking of Grenfell.



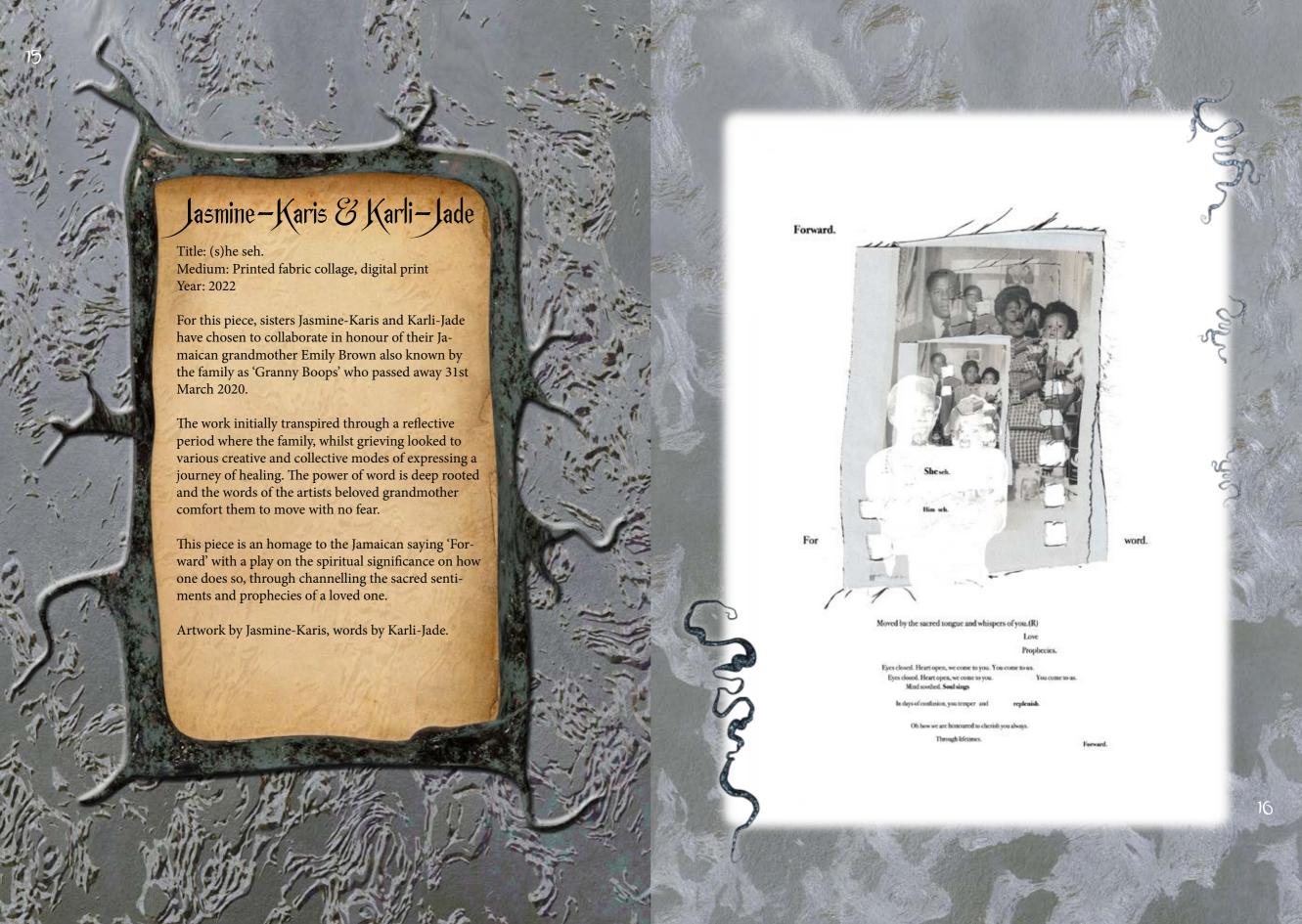












Buitumelo

how2heal?

armour for the african comes in this form, survival is no longer the goal, we proved a long time ago this is something we can do.

we survived being erased from human-nesses, not being allowed a home, to be regular we have survived shrinking, severed metaphysical and material limbs

and inconsistent invasion

the exhaustion has transcended the rules & laws
we have lived ablaze the whole time
what is care with a pound sign before it
whats it to be imprisoned in falsehood and glamour
we bend only in honour of constellations,

trees and bees

we bend for the masqueraders and only reveal true face to the divine our masks always soaked in holy sap and fused with imagined new worlds

> breath drawn from ancient dragons of azania our masks require The work, seamless integration and accepting change the elders in dreams are reference our job is to remember true cores to dance in the ebb and flow

as it stands, these worlds weren't built with expansion of our personhood in mind

these centres must hold these centres can only hold holy human, shine your masks speak, create all, through your heart first

tell the truth

Big feelings, meant, Nice words.
Forced words
Words I had to rip, opening wounds
Because where else do you hide the
Big feelings

You cry, yes

There are no longer nice enough words
The feelings are mountains
The air is thick and no body knows how to talk

The big feelings become swaddled in smoke and thick broads The nice words turn from innocuous to speculative conjecture Formulating a dangerous place for a poet to live

For,

A child to grow
A teenager to experiment,
no one looking beyond what was seemingly
just big feelings and nice words
Why did no body try to help?
How did you not see me dying?
Forgive them for they know not "the void will always fill"

Nice words and big feels showed them, a way An elevation - there they go again, the stressed out little elder who sees, whos knows darkness But not really, all big feelings and nice words The incomplete gratitude_1 : Learning

I learned how to see with my eyelids shut. alone and sitting in a corner

I learned how to pray, my limbs squished - curled up and under a duvet

I learned, forgot, chewed on and spat out tumours that begged to learn Us,

our worlds Before trying to kill Me

I learned to be planted in water, to dream in soil,

to feign stillness in the dark and slowness to hate

I learned to pretend, until i exploded (expanded)

I screamed to the moon even when she wasn't talking or visible

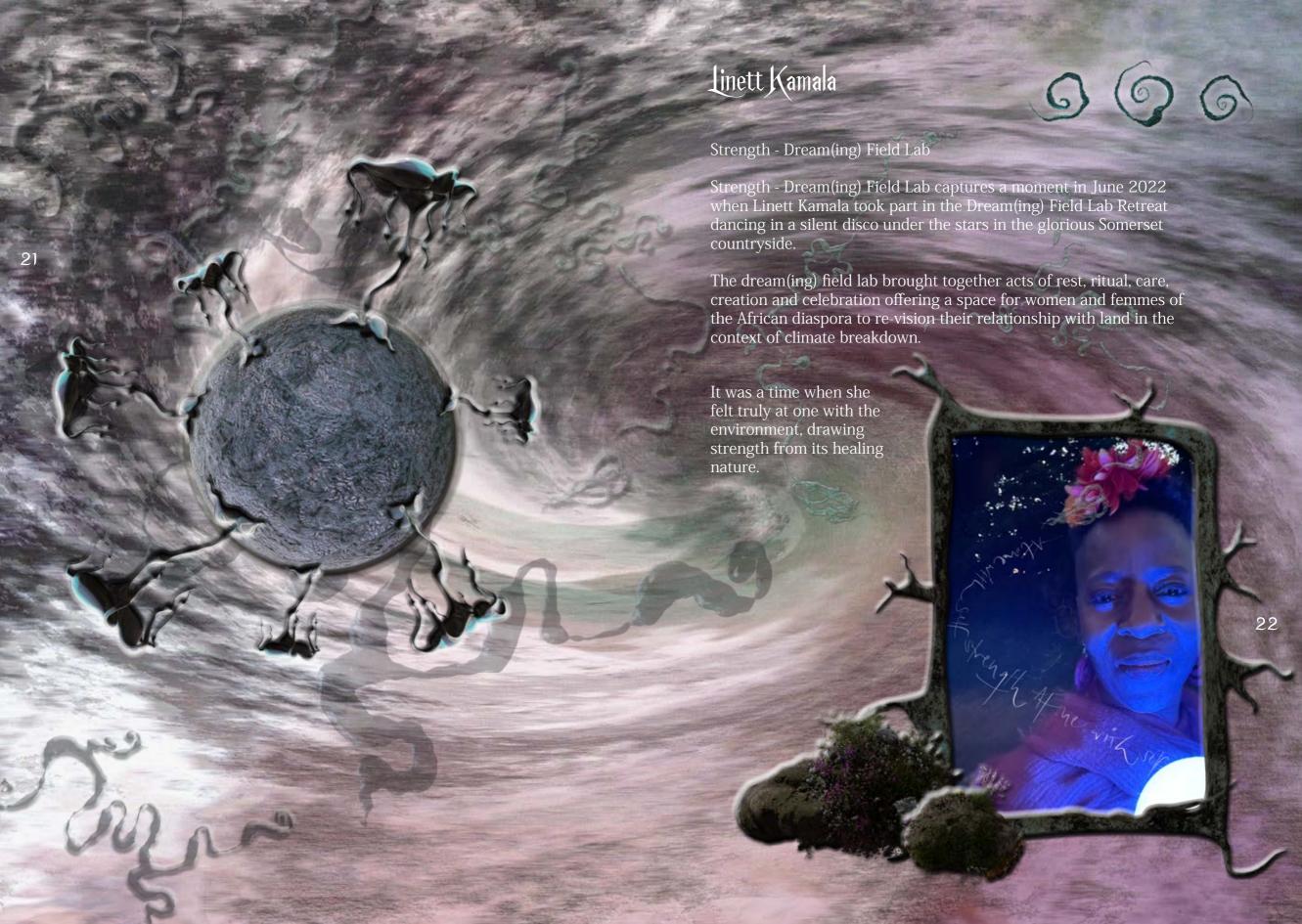
I soon learned, she quietly said back
"Qamata can see you, I can feel you, ulele yini nana?"
With that I learned only gratitude could.
I spool in learned things,
I realise I'm not alone
I could never be
I never was, I never will be
the We, this I,
found belonging in

breaks time and has known a multitude of lifetimes

Only gratitude could.

*Qamata is how we refer to the Creator as Xhosa people

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Is it time for the cis man to step off the moon?

Month, mon, menstruation; these three cycles are more than merely etymologically linked.

Folklore and cultural traditions have immortalized the moon as a symbol of power, healing and sisterhood for those who menstruate since both the menstrual and lunar cycle lasts around 29 days. From The Red Tent gatherings, where women congregate on the full moon to share stories and uplift each other, to Ancient Greek beliefs that people who menstruate reach new heights of spiritual and mental power through the moon whilst on their period, the moon has created a space of unity for menstruating people though it stands lightyears away. Perhaps through the moon, the voices of those experiencing period poverty or stigma and shame surrounding menstruation can be amplified.

ECTIALE DAKING MHICH THE

THAIN TURNED 'BLOOP' RED, many turned to social media to express alarm that their period came on the day of the blood moon: "... Am I a witch?", one questioned. Though you probably won't develop supernatural powers if your period comes in synchrony with the lunar cycle, eclipses represent the power of communities to move through sudden darkness together and emerge braver; this can be an inspiring lens to view menstruation through.

The a child silling in the backseal of a car it felt like the moon was

always following me It always had my back. Getting my first period, however, was a lonely experience. I felt embarrassed and ashamed; why did I get it later than my friends? Why is everybody disguising their tampon on the way to the toilet cubicle? Why, whenever I get angry do people ask, 'is it that time of the month?'. The stigma and shame surrounding menstruation must end. Periods are not disgusting. They show that the body is functioning healthily, and can be experienced by anybody with a uterus, no matter their gender identity. The UK only abolished the tax on tampons, which categorised them as luxury items, last year, and many countries still charge this tax. This is an unfair financial burden for all menstruating people and disproportionately hits marginalized groups such as those in poverty, homeless people and refugees. In school I learnt the months of the year, I studied and sketched the phases of the moon; what we didn't learn was how to deal with menstruation and what to expect, or the widespread impact of period poverty and how we can reduce inequality. Popping a tampon in a glass of water to unsettle a classroom of eleven-year old's is not enough.

